



# Health Care Representative and Living Will FAQ Guide

## **"I want to appoint a health care representative."**

### **What is a health care representative?**

A health care representative is someone you choose to make medical decisions for you if you cannot.

### **What form should I use?**

Health care representative forms are available in [English](#) and [Spanish](#) on the Indiana State Department of Health website.

### **What happens if I don't choose someone to make medical decisions for me?**

If you don't make your own choice about a health care representative, Indiana law has a list of decision-makers, in order of priority, who will make decisions for you if you are unable to make them for yourself:

1. A judicially appointed guardian of the person or a representative appointed by a probate court
2. A spouse (unless legally separated or there is a pending petition for separation, dissolution, annulment, protective order or no contact order)
3. An adult child
4. A parent
5. An adult sibling
6. A grandparent
7. An adult grandchild
8. An adult friend (special conditions apply)
9. The nearest other adult relative in the next degree of kinship not listed in 2 through 7

*\*Note: If there are multiple individuals in any priority group and the group cannot agree, the majority in that group controls the decision making process.*

### **How will Eskenazi Health get a copy?**

If you complete the health care representative form on your own, it is important to bring it with you to the hospital or submit it through your Eskenazi Health MyChart account.

## **“I want to complete a living will.”**

### **What is a living will?**

A living will is a written document that states your wishes if you become terminally ill and are unable to communicate. A living will often includes directions for cardiopulmonary resuscitation (CPR), artificial nutrition, maintenance on a respirator and blood transfusions.

### **What form should I use?**

Living will declaration forms are available in [English](#) and [Spanish](#) on the Indiana State Department of Health website.

### **How will Eskenazi Health get a copy?**

If you complete the living will declaration form on your own, it is important to bring it with you to the hospital or submit it through your Eskenazi Health MyChart account.

## **“What if I’m interested in a Physician Orders for Scope of Treatment (POST)?”**

You can learn more about a POST form [here](#). It is something that you need to consult with your doctor, nurse practitioner or physician assistant about. They have to agree that you are medically appropriate for a POST and sign off on your choices.

## **“I want to learn more about all of my advance directive options.”**

Eskenazi Health has a comprehensive document about advance directives available in [English](#) and [Spanish](#) you may want to consider.